



Thinking about playing sports while in college?  
Are you being recruited by a college coach?

## **NCAA Eligibility Division I & II**

Students must register on NCAA Eligibility Center:

[www.eligibilitycenter.org/](http://www.eligibilitycenter.org/)

- Review Academic Standards (Division I & II)
- Graduate from high school
- Complete a minimum of 16 core courses for Division I & II
- Earn a minimum required GPA in core courses
- Earn a qualifying test score on either the SAT or ACT
- Request final amateurism certification from the NCAA Eligibility Center

**\*\*\*Students are responsible to review NCAA approved courses at WHS**

## **NCAA Eligibility Division III**

- Division III colleges and universities set their own admission standards. The NCAA does not set initial eligibility requirements in Division III.

## **Guidelines for College Bound Athletes**

If you intend to participate in **Division I or II** athletics as a freshman you must register and be certified by the NCAA Initial-Eligibility Clearinghouse. Prospective **Division III** athletes are not held to NCAA Division I or II requirements, but are encouraged to check with their prospective schools to learn about their particular requirements and registration processes.

Web site: [www.eligibilitycenter.org](http://www.eligibilitycenter.org)

### ***Meeting NCAA Academic Requirements***

In order to compete in Division I or II athletics, you **MUST** meet academic requirements that are based on Grade Point Average (GPA) and SAT/ACT scores. All prospective NCAA athletes are required to take either the SAT or ACT. NCAA Division I and II require 16 core academic courses to be eligible; NCAA specifies which courses are approved and which are not. Go to [www.eligibilitycenter.org](http://www.eligibilitycenter.org) to view these eligibility requirements.

### ***Recruitment Rules for Division I and II Athletics***

**Contacts:** In all sports other than football and basketball, phone calls from faculty members and coaches are not permitted until July 1<sup>st</sup> after completion of your junior year. After this, the coach is limited to one phone call a week to either you or your parents. You may contact a coach as much as you wish.

**Visits:** Coaches are allowed seven opportunities to set up recruiting visits or meetings during the academic year; however, these visits are limited to one per week.

**Official Visits:** Any time after your first day of classes of senior year you are allowed ONE expense-paid visit. This can only occur after the coach has received an official SAT/ACT score and a high school transcript.

## **College Information for Athletes**

***NCAA:*** As a reminder, students who might participate in sports at Division I & II colleges must be approved through the NCAA Clearinghouse. This process can be started after junior year. For more specific information and to learn how to register, visit the NCAA Clearinghouse website at [www.eligibilitycenter.org](http://www.eligibilitycenter.org)

***Questions To Ask During Your Visit:*** Before you decide to make your first visit to a college, it's a good idea to think carefully about the kind of information you are going to need in order to eventually make your decision. Once you do, you'll be able to ask the right kinds of questions. The following are some good ones to get you started.

### ***Ask the College Athletic Recruiter (most likely a coach):***

1. What position do you want me to play, and how many others are you recruiting for the same position?
2. What is your philosophy of offense? Defense? Are you considering any changes?
3. Will I be red shirted?
4. If I need a fifth year, will you finance it?
5. What happens to my scholarship if I am injured or ineligible?
6. What kind of academic support is in place for athletes?
7. Are all injuries handled by the school's insurance policy?

8. If injured, may I use my family doctor? Who determines my fitness to compete after an injury?
9. What is expected of players during the off season?

***Ask of the Players at the College:***

1. What does your day typically look like? In season? Off-season?
2. Approximately how many hours do you study?
3. What, generally, are the attitudes of professors in different fields of study? In my field of study towards athletes?
4. How do you like the living arrangements?
5. Who is available to help you if you have academic problems?

***Ask of the Non-Athletes at the College:***

1. What do you think of the quality of education you are receiving at this college?
2. If you had to do it over again, would you choose this college to attend? Why?
3. What is the general opinion of athletes on this campus?

***Ask of School Officials/Admissions Officers:***

1. What is the graduation rate for athletes? In my sport?
2. About how long does it take someone in my sport to earn a degree from this college?
3. What is my eligibility for additional financial aid?

**Vocabulary for Athletes**

**NCAA** - The National Collegiate Athletic Association; administers 23 college sports and championships for those supports. Enforces NCAA rules and oversees scholarships.

**NCAA Eligibility Standards** - NCAA academic standards Re: core courses, grades and test scores for athletes needed in order to qualify for Divisions I, II, and III.

**Division I Schools**- Offers at least 7 sports for men and women or 6 for men and 8 for women. Offers financial aid awards to student athletes.

**Division II Schools** - Offers at least 5 sports for men and women or 4 for men and 6 for women. Offers financial aid awards to student athletes.

**Division III Schools** - Offers at least 5 sports for men and women. No financial aid awards to student athletes.

**Core Courses** - Courses that your high school offers that have been approved as NCAA Core Courses and are therefore used for eligibility determinations.